

# Re-Entry Orientation

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# Re-entry: What is it?

Reintegration into primary “home” after living abroad

Deeply personal transition

Impact on family/ friends at home and host country

Globalization boosts more stops overseas/living abroad

Re-entry requires specific intervention strategies

# Why is it difficult to return home?

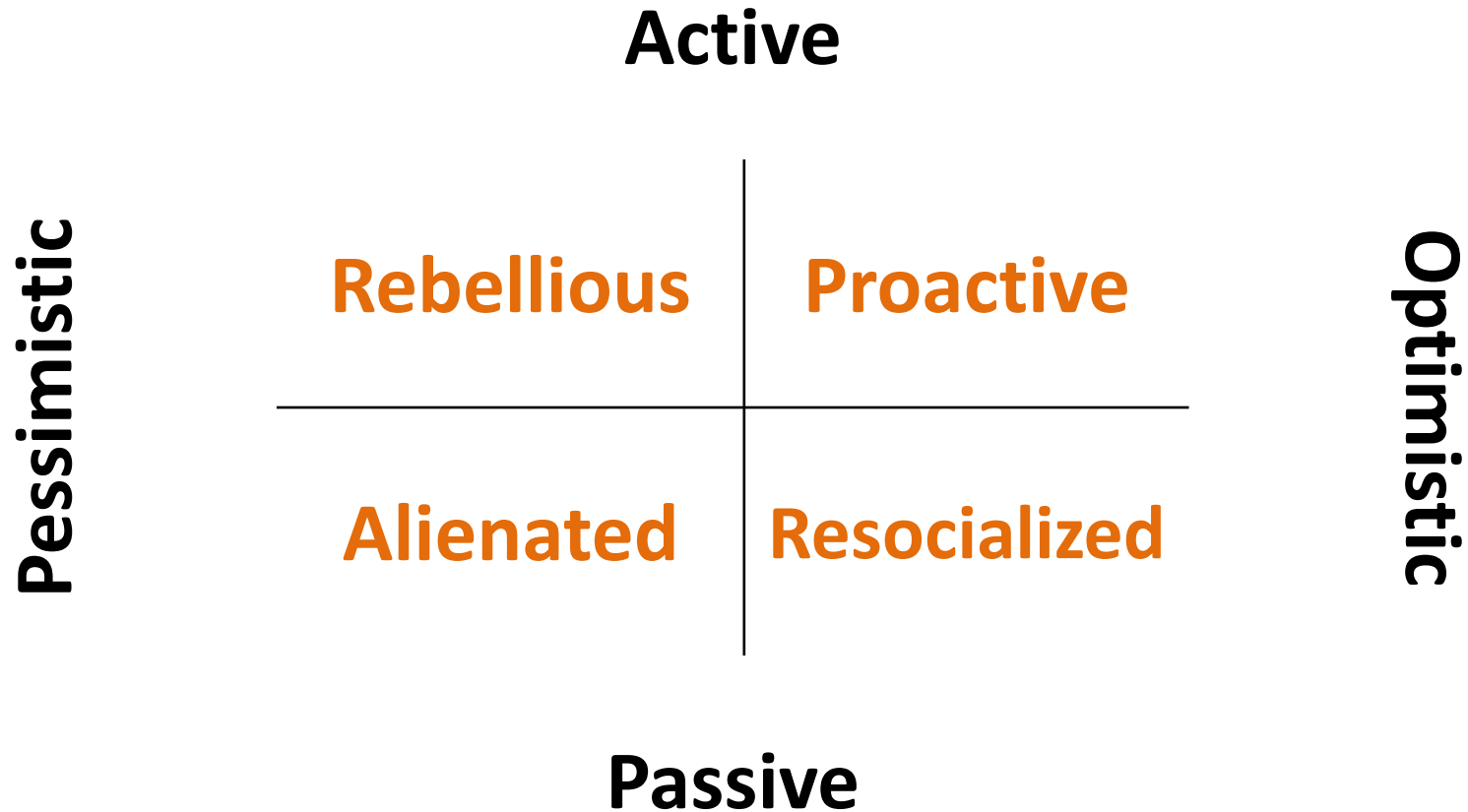


# How much did you adapt?

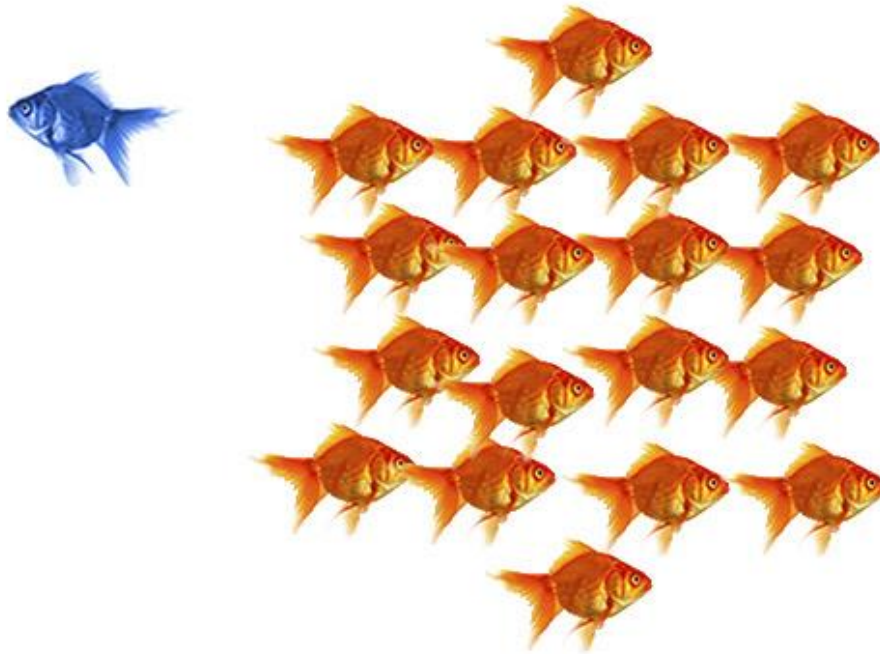


The more adapted you are then the more difficult it can be to re-enter life back in primary “home”

# Dimensions of Adaptation



**How do you think you have changed in two weeks, a summer, a semester?**



# Perspective

“France was awesome!”

vs.

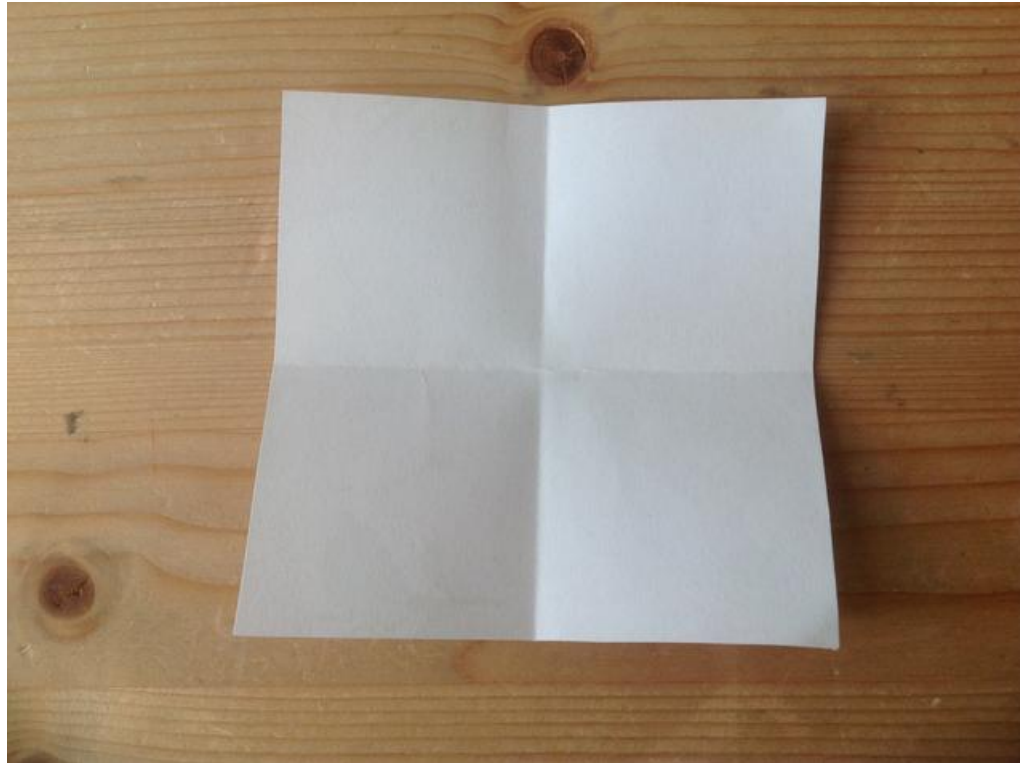
“Being in France was hard work!”



I had a great time and learned a lot, but...



# Paper Exercise



# Perspective



Another point of view  
can sometimes open up  
a whole new world.

[yourpointofview.com](http://yourpointofview.com)

HSBC   
The world's local bank

It's all in the eye of the beholder...

# Perspective



Isn't it better to be open to other  
people's points of view?

[yourpointofview.com](http://yourpointofview.com)

But what can we do with these different  
perspectives?

HSBC   
The world's local bank

# Start Building a Portfolio

Write down activities you did in France

Look back in your Facebook, photos

What did you find easy to do in France?

What surprised you?

What did you think was difficult in France?

How do you think differently about language,  
culture, travel, work?

# Preparing “Au revoir”

Careful of botched departures

Create a Top 10 “to do” prior to departure

Visualization of life back at home

Thank you activity with host family or local

Donate student clothes or materials to charity

Create “time capsule”- List what’s unforgettable?

Hold a whiteboard party

# What to do back at US campus?



# Some suggestions

Join international club on campus

Update your resume

Participate in LinkedIn Groups for program Alumni

Volunteer at organization with international focus

Make appointment at career center home campus

Sign up for a professional organization

Get certified in French language



# The Six-Word Story

"For Sale: baby shoes, never worn"

-Ernest Hemingway

Sure on arrival; humble on departure

Camembert carried me through tough times

"A" student learns to let go

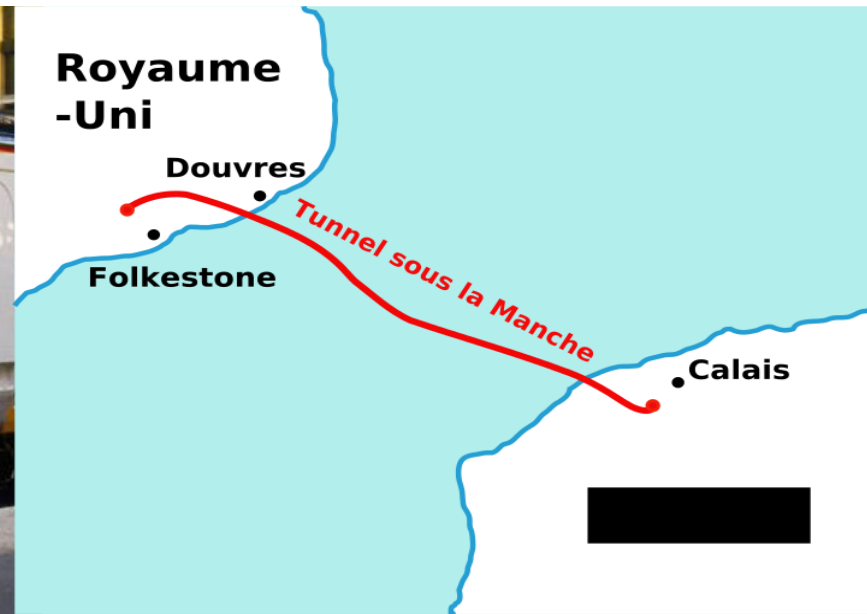
German border, Italian family, French kiss

France: where I really grew up

Bio major now seeks French degree

# Perspective

Linear journey from culture A to culture B?





# Bonne rentrée

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