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DES PROGRAMMES  
UNIVERSITAIRES  
AMÉRICAINS  
EN FRANCE

## COVID-19 Info Sheet France

Compiled by:  
**APUAF COVID-19 Committee**  
Last Updated: March 11, 2021

### INTRODUCTION

The COVID Info Committee continues to update this compilation of COVID-19 protocols and guidelines as established by the French authorities to keep APUAF members, their partners and their students informed of openings and restrictions across the country as they evolve.

The committee in charge of the research, translation and scope of this document seeks simply to provide a short-cut summary of information (relevant to the field of International Education in France) that is widely accessible, yet often only published in French, on various different official government websites and through communiqués provided by the French government and the ensemble of its Ministries, the French Consular offices, the *Préfectures*, local government resources & announcements, and protocols established by French Federations.

We encourage readers to access the links to the original sources provided in each category of information in this report. **The APUAF COVID-19 Committee will update this compilation periodically, at least once a month, for the coming months.**

The situation evolves quickly and continually, and as such, APUAF recommends that all readers verify the information provided below before making definitive decisions. This Info Sheet does not intend to interpret information provided by the French authorities, nor does it seek to advise readers. Its purpose is to simply compile information from official sources to provide a convenient resource in English for APUAF members and their partners.

Much of the information in this report concerns the general state of affairs in France. We have not provided detailed information for each city or region, though that detailed information is available on both national and local websites.

### SECTION 1: INTERNATIONAL MOBILITY

#### Who is authorized to travel from the U.S. to France?

On January 31, 2021, France closed its borders with an extended list of countries to include all non-EU countries outside of the European Area. The “European Area” is defined as all EU member states, Andorra, Iceland, Liechtenstein, Monaco, Norway, San Marino, Switzerland and Vatican City. This development aligned with regulations that were already in place for travelers from the U.S. to France as **the external borders of the European Union and the Schengen Area have been closed to travelers from the United States** since March 17, 2020.

On Feb 4<sup>th</sup>, 2021, temporary modifications were made to the criteria concerning the list of “compelling reasons”, reducing the authorized reasons for entry to France from outside the European Area in order to combat the spread of new COVID strains.

As described on the [French government certificate of travel website](#) (documents available in English and French), the different scenarios are based on nationality and where travelers are coming from. The full lists of “compelling reasons” for each category of passengers in each case scenario are found on the documents themselves in French and English. Here below are the current “compelling reasons” accepted for students and faculty coming from the U.S.:



- Third country national with a “*Passeport Talent*” long-term visa (VLS)
- Student moving to France for the second semester of the current academic year as part of a higher education institution program
- Researcher moving to France at the invitation of a research laboratory, for research activities imperatively requiring their physical presence.

## What is required to travel from the U.S. to France?

Travelers who have one of these aforementioned “compelling reasons” to come to France must comply with the following requirements:

- **Complete the 2 forms** listed under **case scenario #2** at this website: <https://www.interieur.gouv.fr/Actualites/L-actu-du-Ministere/Certificate-of-international-travel>
  1. **2.1** : Under heading : « Certificate to enter Metropolitan France for citizens from a country outside the European Area ». (This form exists for European Area citizens and for non-European Area citizens, and in French and English).
  2. **2.2** : Under heading : « Statement for travelers aged 11 years and over ». (This form exists for travelers under 11 years old, and in French and English)

Certificate to enter Metropolitan France for citizens from a country outside the European Area :



Statement for travellers aged 11 years and over :



- Travelers aged 11 or older from the United States **must provide the results of a PCR test taken less than 72 hours before departure** indicating a negative result for COVID-19.
  - In the case of multiple flights in the same travel itinerary, the test must be taken 72h before the first flight departs.
  - If you are not able to provide evidence of this test or a certificate of exemption, boarding will be denied.
- **Provide a “contact” sheet** with proof of housing and your residence address in France
- Upon entering France, **you are required to self-isolate** (at home, not in quarantine housing) upon arrival **for 7 days and take a second test at the end of that period.** <https://www.diplomatie.gouv.fr/en/coming-to-france/coronavirus-advice-for-foreign-nationals-in-france/>

## Student Visas

International students are authorized to enter France at this time, as long as they fall into the category of **students moving to France for the second semester of the current academic year as part of a higher education institution program**. Further information can be found on Campus France’s USA website here: [Campus France Student Visa FAQ](#)

All VFS Centers in the U.S. are open and accepting student visa appointments for students authorized to enter France. French Consulates continue their service of delivering visas to international students authorized to travel. A guide that summarizes the steps to follow has been published on the Campus France website: [France Welcomes You Guide](#)

## Leaving France & entering the United States

**Both the French government and the CDC in the U.S. have issued orders outlining requirements for all air passengers leaving France and arriving in the U.S.** These orders affect students and faculty traveling from France to the U.S.

- France requires all passengers leaving the EU to comply with the restrictions for international travel: Persons wishing to leave France to travel to a country outside the EU must have a compelling health, family or economic-related reason for their journey, and fill out the corresponding Certificate of Travel. **Case scenario #1** at this website: <https://www.interieur.gouv.fr/Actualites/L-actu-du-Ministere/Attestation-de-deplacement-et-de-voyage#from3>
  - “Returning to the country of residence or origin” is among the “compelling reasons”

- The CDC requires that all air passengers arriving to the U.S. from a foreign country to provide proof of a negative test result (less than 3 days prior to travel) or proof of recovery from COVID-19 before boarding the flight.
  - <https://www.cdc.gov/coronavirus/2019-ncov/travelers/testing-international-air-travelers.html>
  - This order applies to all air passengers, 2 years of age or older, travelling into the U.S., including U.S. citizens and legal permanent residents.
  - Test must be a viral test (NAAT or antigen test)

Upon entry in the U.S., the CDC recommends, but does not currently require:

- Getting a new Covid test 3-5 days after travel, and a self-quarantine period of 7 days.
- A 10-day quarantine period if you do not get tested upon return
- Avoiding people at increased risk of illness for 14 days

Travelers should look into local and state recommendations or requirements in the U.S. by accessing this travel planner: [CDC COVID Travel Planner](#)



## SECTION 2: HEALTH SERVICE ACCESS & CAPACITY

### Access to protective equipment (masks, gloves, gel)

All pharmacies and most grocery chains in France currently have low priced equipment available.

- **Disposable surgical masks** are available at approximately 20 to 30 cents each.
- Certified 'Grand Public' **re-usable masks** cost about 2 euros each and come in 2 different categories: Category 1 masks filter approximately 90% of particles and Category 2 masks filter 70%. Annex 3 of the National Protocol for Staying Healthy & Safe at Work states that only official PPE, surgical masks or Category 1 masks should be worn in public. [National Workplace Protocol](#)
- **Disinfectant gel** costs about 10-12 euros per liter. There are also public gel dispensers (free) in some cities in France, and almost all places of business have gel dispensers available for customer use.
- France currently has sufficient **protective gloves** available for the general public.

### 7 Day self-isolation period

As of January 18, 2021, there is an obligatory self-isolation period of 7 days upon entry to France from outside the Schengen Area. The state health insurance website, [Ameli.fr](#) gives detailed advice (in French) for limiting contact with others and keeping living conditions clean during self-isolation. Campus France describes the conditions of the 7-day quarantine: [Campus France Recommendations including description of Quarantine](#) (in French) and [Campus France Recommendations including description of Quarantine](#) (in English)

- Stay at home as much as possible and limit your time outside to essential needs
- Respect the curfew in place from 6pm to 6am and weekend lockdown measures (in applicable regions)
- Always wear a mask in the presence of another person, and avoid contact with other people in your residence/at home
- Follow the official information from the French Government
- Contact your school for distance learning support for your courses
- If your accommodation is a university residence, inform the administration that you are quarantining so that cleaning and disinfection measures can be implemented
- Download the TousAntiCovid app on your phone (see page 6, section titled "Tools")
- In case of symptoms, contact a doctor immediately

### Access to health care & hospitalization

- The government has created a platform [mesconseilscovid.sante.gouv.fr](#) which allows anyone with symptoms to obtain within 3 minutes personalized advice as to how to proceed (for treatment, testing, etc) and how to protect oneself and others.
- Web-based platforms and apps such as "Doctolib" allow students to book medical appointments across the country with ease. <https://www.doctolib.fr/>
- Virtual consultations and in-person appointments with general practitioners are readily available as early as same day.
- Same day house-calls are also available in most French cities (through services such as *SOS Médecins* or UMP). <https://www.sosmedecins.fr/> and <https://www.ump.fr/>
- Students have access to all French public hospitals where there is a dedicated space for COVID patients.

- French Hospitals are currently at 77.5% capacity for intensive care/*reanimation* beds. Statistics can be tracked here: [France COVID Dashboard](#).

## Access to testing

**Three kinds of diagnostic COVID tests** are currently available in France to test patients for COVID.

1. **The (RT-PCR) test** to determine if the patient has COVID at the time of the test.
  - Results are available within 24 – 36 hours.
  - France currently is performing 1.3-1.4 million tests per week.
  - 100% covered by Social Security and do not require prescription. Otherwise, out of pocket costs are approximately 70-80 euros per test. <https://fr.usembassy.gov/covid-19-information/>
  - They are administered in testing centers, medical facilities and labs but also by nurses, medical students, paramedics, firemen, etc. There are currently over 6000 testing centers across France. [COVID Testing Sites in France](#)
  - **Who can be tested (RT-PCR)?**
    - ✓ Anyone can benefit from a test. There is no need to even show symptoms.
    - ✓ The health authorities could request mandatory testing for close contact cases.
    - ✓ The health authorities could request testing of certain groups in the context of testing campaigns (fragile groups, residents of a certain zone or in a certain group accommodation, etc.)
2. **The Antigen Test** to determine if the patient has COVID at the time of the test. <https://www.service-public.fr/particuliers/actualites/A14435>
  - Results within 15-30 minutes
  - Available especially in some pharmacies and at airports.
  - 100% covered by Social Security and do not require a prescription. Patients who don't have French Social Security currently may have to pay out of pocket (34 euros).
  - **Who can be tested (Antigen)?**
    - Patients with symptoms can opt for this test if they fulfill the following criteria:
      - ✓ Within 4 days of first symptoms
      - ✓ No underlying conditions, meaning not susceptible to developing a serious form of Covid.
    - Patients without symptoms who:
      - ✓ Have been asked to be tested as part of an institutional testing program (at schools and universities, work places, etc)
      - ✓ Need to be tested as a requirement before a medical appointment
      - ✓ Wish to be screened at any time
3. **Saliva Test:** The French government has approved the use of COVID-19 saliva tests in primary and secondary schools and universities after winter break (March 2021) : <https://www.education.gouv.fr/covid19-un-acces-prioritaire-aux-tests-pour-les-personnels-de-l-education-nationale-et-pour-les-307814>

**An Immunity Test (blood test)** is available in France to determine if the patient has developed immunity to COVID. These tests are administered mostly in labs and sometimes might require a prescription. They are 100% covered by Social Security and otherwise out of pocket costs are approximately 20 euros per test.

### Steps to take for testing

Precise procedures have been put in place for different case scenarios. Details can be found and downloaded here for anyone in these groups: [Steps to Take to be Tested](#)

- I don't present any symptoms and I would like to be tested: Free test, no prescription needed, PCR results within approximately 24h, or Antigen test results in 15-30 min.
- I have symptoms: specific protocol for testing to avoid contact with others during testing and until results are in. Free test, no prescription needed, PCR results within approximately 24h, Antigen results in 15-30 min
- I have been in contact with a person who has tested positive: PCR test
- A specific function is available through the website & application **Doctolib** to locate the testing center or lab closest to you with the earliest available appointments for a test.
- Students who don't have French Social Security have total access to testing but may need to front the cost of the test and submit to their personal health insurance after if COVID testing is covered by their insurance policy.

## Tracking

All COVID patients must provide a local doctor with the list of people with whom they have been in touch within 48 hours of the first symptoms. Medical authorities will contact every person on that list and require testing (see above).

Anyone who has been in contact with someone who has tested positive must follow a specific protocol [Steps to Take to be Tested](#):

- Wear a certified mask at all times when in contact with others, isolate immediately.
- Take an antigen test immediately. If negative, stay isolated 7 days after the last contact with the COVID patient.
- After 7 days, take a PCR or antigen test
- Stay in quarantine until the test results are in
- **Anyone who tests positive for COVID-19 must isolate for 10 days.**  
<https://www.ameli.fr/assure/covid-19/isolement-principes-et-regles-respecter/isolement-principes-generaux>

## Vaccinations

France's vaccination strategy has been established by the HAS (*Haute Autorité de Santé*) who has published the order of priority populations to be vaccinated. [Vaccination Strategy & FAQ](#)

France's vaccination strategy follows 3 main principles:

- Freedom of choice: the vaccination will not be obligatory
- Free of charge: the vaccination will be made available for free in France (for those with French Social Security)
- Security: the vaccination will follow all strict guidelines that frame the use of medical products in France

Order of priority for vaccination: [Vaccination calendar](#), [Website dedicated to vaccinations in France](#)

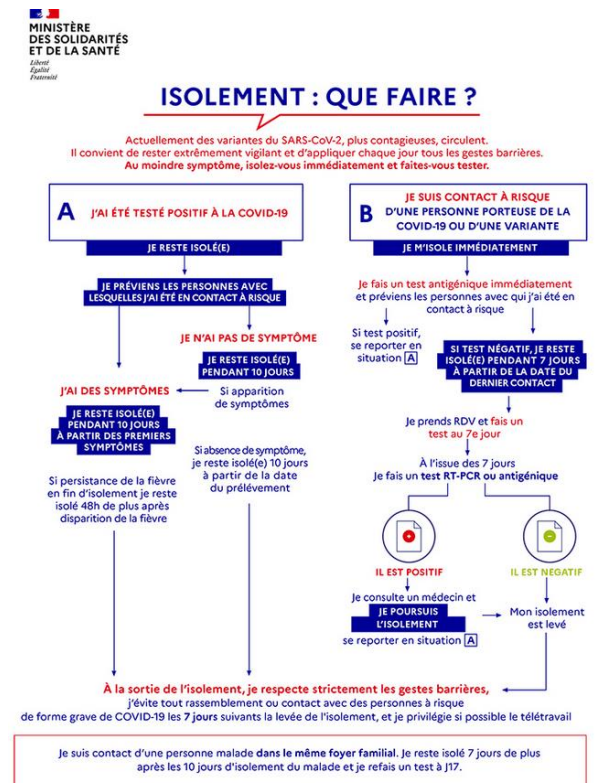
Start Date	Category eligible for vaccination
27 Dec 2020	Elderly in retirement homes & personnel who work in retirement homes and present a risk factor
04 Jan 2021	Health care professionals over 50 yrs old or with risk factors Disabled people in care facilities and the people over 50 yrs old who care for them (if risk factor)
18 Jan 2021	People over 75 yrs old
06 Feb 2021	All medical professionals, assisted care facility professionals, paramedics/firemen & women of all ages
19 Feb 2021	People between 50 and 64 yrs old at very high risk for serious COVID cases
02 Mar 2021	People between 65 and 74 yrs old with at least one risk factor can be vaccinated by their doctor All people at very high risk for serious COVID cases of all ages People between 50 and 64 yrs old with at least one risk factor
By the end of the summer	All adults (over 18) should have access to vaccination

People who have been vaccinated are still required to follow all COVID-19 protocols in private and public spaces, in workplaces and in schools.

## SECTION 3: RESTRICTIONS RELATED TO COVID-19

### General

The current COVID situation in France is variable depending on the region. As such, the government has put in place specific restrictions in some of the most affected areas. Details outlining these specific restrictions for each area in France are accessible by clicking on the below link and choosing the "département" from the drop-down



menu. The government is monitoring the situation daily and making short term announcements concerning closings and openings. <https://www.gouvernement.fr/info-coronavirus>.

### Current Situation

- **A daily curfew** is in place from 6pm to 6am for all of France.
- **Local weekend lockdowns** for certain regions and cities are temporarily in place (Alpes-Maritimes, Pas-de-Calais, and in the city of Dunkerque).
- All retail businesses across the country are open, except large indoor shopping malls.
- Inside and outside extra-curricular activities for school children are authorized.
- Onsite classes at universities can resume according to strict conditions and with limited occupancy.
- Outdoor individual sports are authorized, and outdoor sports complexes are open.
- Travel throughout France is authorized.
- A "Curfew" Authorization Form is needed for moving about after curfew.
- Gyms, ski lifts & indoor sports for adults are closed
- Bars, restaurants, and nightclubs are closed
- Cinemas, theatres, museums & monuments are closed

### And restrictions are currently in place for:

- Travelling within the EU (see Page 9)
- Travelling outside France (see Section 1)

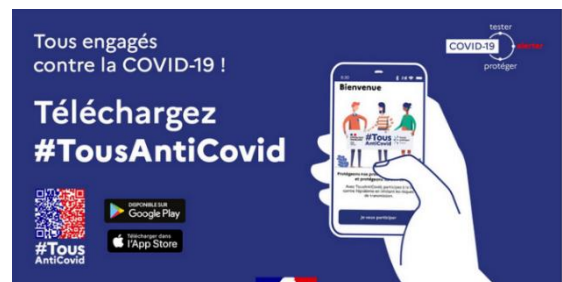
### Tools

In addition to consulting the general government websites that communicate all essential information concerning the virus, the confinement and the re-opening period, everyone is asked to download the app **TousAntiCovid**, which serves several functions:

- **Tracking:** the app alerts users if they are in close contact with a Covid patient
- **Information:** the app publishes the daily stats concerning the virus
- **Testing:** the app can be used to locate the nearest testing center
- **Documentation:** the app can generate a digital authorization form needed to be outside during confinement

This app which uses Bluetooth technology for tracking and does not share personal identification information. Use of the app for everyone, including COVID patients, is voluntary. [TOUS ANTI COVID Tracking App](#)

The French government has put in place a 24/7 hotline (in French only) to respond to any questions concerning COVID-19 (health, regulations, workplace, social services, legal, civil, childcare and education, travel and leisure activities, etc.). A WhatsApp group managed by the government provides an additional Q&A source for anyone who wishes to join: [WhatsApp with Government](#)



### Daily Curfew & Local Weekend Confinement

At this time, there is a nation-wide stay-at-home curfew from 6pm to 6am. In addition, local stay-at-home orders are currently in place in the city of Dunkerque and the Alpes-Maritimes and Pas-de-Calais departments from 4pm on Fridays until 6am on Mondays. Details concerning the weekend confinement and additional restrictions can be found here: <https://www.service-public.fr/particuliers/actualites/A14724>

Any outing made during curfew hours or during the local weekend confinement must fall into the below categories:

- Going to and from work or school
- Medical care and medical appointments that cannot be done remotely
- Essential family duties including helping a vulnerable family member or caring for children
- All outings necessary for disabled people and those who accompany them
- For administrative or judicial appointments
- Transit to take a train, plane or bus for travel
- Walking a pet (maximum 1km from residence for a brief period of time)

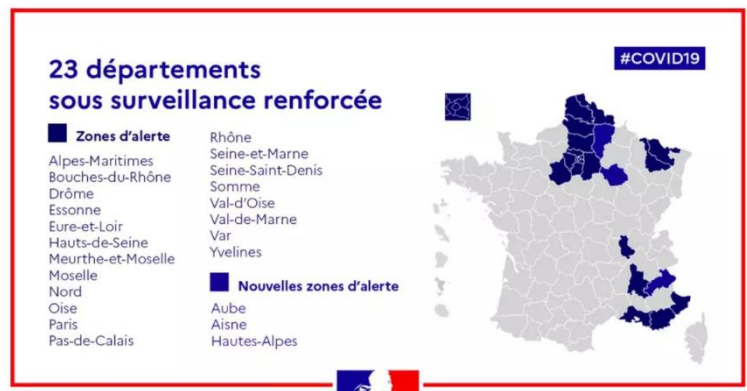


For any justifiable outing during curfew and/or during weekend confinement, it is mandatory to have an authorization form found here:

- [Online \(printable\) authorization forms](#) in English and in French
- [Online \(digital\) authorization form in French](#)

There are a total of 23 departments under close watch and now classified as being under “reinforced surveillance”. In those departments, additional restrictions were put into place as of March 6:

- Shops larger than 5 000m<sup>2</sup> have to close
- Local authorities can cancel public gatherings such as demonstrations should they be considered as posing a health risk.
- Travel in and out of these 23 departments is not forbidden but it is highly discouraged.



## Wearing Masks

**It is required to wear a mask at all times** when outside of one’s residence. [How to Wear a Mask](#). Only those jogging/running or riding a mechanical bicycle are exempt from wearing masks. [Information concerning masks](#)

## Schools

All Day Care facilities, Primary Schools, Junior-High and High Schools are open but with reinforced safety protocols updated on February 1, 2021 [School Protocols](#). The protocols and updates include notably:

- 2 meters’ distance between individuals at the cafeteria
- More frequent and regular ventilation of the premises
- Category 1 masks for personnel and school children at primary and secondary schools.

The initial requirements are still valid:

- Social distancing of a minimum of 1 meter between individuals’ side by side, face to face, or with an empty seat between individuals in enclosed spaces, especially in physical learning spaces (this distance is not applicable when individuals are behind each other) and in libraries
- Limiting contact among students by staggering class times, movements, recess periods, lunch periods, etc.
- Mandatory mask wearing starting at 6 years old
- Systematic use of hydroalcoholic gel by everyone (over the age of 11 and all adults)
- Mechanical or manual ventilation of the premises with 10 to 15 minutes of ventilation at least twice a day
- Routine cleaning at least once a day, in the absence of students and in accordance with the specific sanitary instructions applicable

## Higher Education

Several official government websites give detail concerning academic and campus life during the COVID crisis.

- [Ministry of Higher Education general Covid info](#)
- [Official Student Life website confinement info](#)
- [Ministry of Higher Education campus confinement details](#)

**International Students:** International students continue to be welcomed into France provided they satisfy the French government’s current conditions of coming to France for participation in the second semester program with an institution of higher education. The French government has announced that international students currently in France can apply for and/or renew residency permits, online, thus avoiding the previously obligatory in person appointment at the *prefecture*. ([Campus France Stay Permit Renewal info](#)).

**Classes:** According to a [January 22<sup>nd</sup> French Ministry of Higher Education circular](#), institutions can return to in-person instruction for all students as long as the campus is at maximum 20% total capacity and each class at maximum 50% capacity, strictly following all sanitary protocols. This is meant to ensure that all students have the equivalent of 1 day per week of face-to-face instruction. <https://www.gouvernement.fr/info-coronavirus/education>

**Studio courses & Labs:** Courses in fields such as science (biology, chemistry, physics, etc.), medical/health sciences, sports sciences, fine arts (graphic arts and design, studio art, etc.) that cannot be delivered virtually are authorized to continue in-person instruction (at 50% the total occupancy of the classroom space).



**Exams and entry exams:** Exams can be maintained in an in-person setting with social distancing, though online alternatives and take-home assignments are encouraged.

**Internships:** Students currently enrolled in for-credit internships can continue their work remotely or in-person depending on the host company/organization's protocol.

**Libraries, computer labs and cafeterias:** university libraries and computer labs can open, and cafeterias are gradually re-opening for in-person dining starting on February 8. Take-away service is still offered. See the CROUS' interactive map for facilities by region, their services and hours. Student meals are being offered by CROUS cafeterias for 1 euro. <https://www.etudiant.gouv.fr/fr/le-repas-au-crous-passe-1-euro-pour-tous-les-etudiants-2314>

**Administrative, Health & Social Services:** university health & social services remain fully accessible (including mental health support services), with some non-essential administrative services accessible by appointment only.

**Residence Halls:** University housing is open but students who can easily move home are encouraged to do so. International students or those far away from home are authorized to remain in student housing.

## Workplaces

**Employees who can work from home must continue to do so.** Offices can stay open, employees can come to work if needed, but must continue to apply the guidelines applicable to the specific work environment, which were updated on [February 16](#) in order to adapt social distancing and types of masks to the circulation of the highly contagious strains of COVID-19.

The guidelines state:

- Working remotely is advised but not required
- Physical distancing (at least 1 meter between individuals and/or workstations, and **2 meters during coffee breaks and/or meals**)
- Obligatory mask wearing and the responsibility of the employer to provide masks. **Only Category 1 cloth/fabric masks or disposable medical/surgical masks are authorized.**
- The promotion of regular, thorough handwashing
- Regular mechanical or manual ventilation of the premises
- Routine disinfecting at least once a day of all surfaces and objects
- Management of the flow of people to avoid excessive crowding and crossing of individuals

Employees are instructed to stay at home should they develop Coronavirus symptoms or if they have recently been in contact with someone who has tested positive for the virus. **Obligatory temperature checks or PCR tests at the workplace are not authorized.**

The complete protocol for Health & Safety at work can be found on the Ministry of Labor's website (in French): [COVID protocol for the workplace](#). And a pdf in English describing the measures employers must take to protect employees: [COVID measures for the workplace](#)

## Gatherings & Socializing

**The government has forbidden all public gatherings across the country and** urges everyone to avoid all family and private gatherings in homes. The recommendation is to limit gatherings to 6 adults (and the children of those adults).

Local restrictions are put in place in many municipalities. For example, the below link leads to an 11-page document (only available in French) which defines the specific restrictions for Paris, including details on the alcohol consumption restrictions in public and the precise definitions of exceptions to curfew.

<https://www.prefecturedepolice.interieur.gouv.fr/des-mesures-de-lutte-contre-la-COVID-a-Paris>



## What is open

Below is a list of selected venues, services and businesses that are currently open. This more complete listing <https://www.service-public.fr/particuliers/actualites/A14417> was last updated on March 3rd.

- Public services and administrations, and all social services
- All retail businesses except large shopping malls with a surface area of over 20 000m<sup>2</sup>, (5 000m<sup>2</sup> for the 23 departments under reinforced surveillance) are open with a limit on the number of customers at one time in a shop to maintain social distancing protocol of 8-10 m<sup>2</sup> per person, depending on the store size. Shops can stay open until curfew begins (6pm), and are allowed to be open on Sundays (authorizations to open on Sundays are normally limited in France)
- Restaurants for take-out (until 6pm) and delivery only
- Medical professionals & veterinarians
- Libraries, documentation centers, media libraries
- Places of worship (can hold services at limited capacity)
- Outdoor sports places including stadiums, fields, courts, tracks for individual sports only
- Hotels except for vacation resorts and hostels with communal living
- Short term vacation rentals, car rentals
- Exam centers

## What is closed

Below is a list of venues, services and businesses that must remain closed at this time. <https://www.service-public.fr/particuliers/actualites/A14417>

- Cinemas, museums and monuments
- Indoor shopping centers with a surface area greater than 20 000m<sup>2</sup> (5 000m<sup>2</sup> for the 23 departments under reinforced surveillance)
- All group meeting rooms, auditoriums, theatres, concert halls, and multi-use rooms, except court rooms and funeral homes
- All indoor sports facilities except for professional sports (no fans in attendance)
- Dance clubs, night clubs, casinos, bowling alleys, billiards rooms, etc.
- Restaurants, cafés, bars except for managing delivery service and take-out service.
- Trade fairs and exhibits
- Thermal care facilities and spas
- Camp sites, vacation resorts, tourist housing
- Ski lifts

## Associated fines for not adhering to protocols

A **fine of 135 euros** may be applied in the event of non-compliance with COVID protocols, including wearing masks and respecting curfew and/or confinement. Repeat offenders can be fined up to **3,750 euros** and could risk 6 months of prison, community service, drivers' license suspension of up to 3 years maximum. [Fines for not complying with confinement](#)

## Local travel restrictions

Everyone **residing in France** must adhere to French regulations concerning mobility. The current situation allows and requires the following:

### In France

- Normal mobility in one's town and region between 6am and 6pm, although travel to and from the 23 departments under reinforced surveillance is discouraged.
- Travel is restricted from Friday 6pm to Monday 6am in the areas affected by weekend confinements.
- Travel is authorized throughout mainland France. Anyone travelling during curfew hours on trains, flights, or intercity buses must fill out a Curfew Authorization Form <https://www.gouvernement.fr/info-coronavirus/couvre-feu>

- For travelers to Corsica, a declaration of honor must be completed by passengers which must be printed and signed, will be required upon boarding by the transport company. Passengers must have completed an RT-PCR or antigenic test 72 hours before departure.

### In Europe

- European borders are open, but travelers must follow all requirements and restrictions to enter other EU countries from France.
- **All travelers coming into France from the European Area must produce a negative COVID test from less than 72h before their travel. See case scenario #2.2** on the [French government certificate of travel website](#). Travelers must fill out and carry with them the forms available on this website.
- Travelers arriving from a country of the European Area but who within **the past 30 days have stayed in a country outside the European Area** must follow the procedure applicable to travelers arriving from a country outside the European Area.

Details concerning mobility in and out of France can be found at this French government site: [International Mobility Information](#) in French and in English at [Advice for Foreign Nationals in France](#). Further information is also available on the European Union website: <https://reopen.europa.eu/en/map/FRA>

## COVID Case Management in schools

### Primary & Secondary Education:

The government has reinforced the [COVID protocol](#) that is in place in primary/secondary schools: Whereas until February 1st, classes were only systemically closed and students sent home to self-isolate when 3 positive cases of COVID were confirmed, now [just 1 confirmed case of a COVID variant justifies the class closing](#).

### Higher Education: [Higher Education COVID info](#)

This committee contacted both the *Académie de Paris* and the BEESP (*tutelle des établissements d'enseignement supérieur privé*) of the Paris *rectorat* and received this feedback in writing:

For study abroad programs in France that are registered as *Etablissements d'enseignement supérieur privé hors contrat*, it is advised that you reach out to your *rectorat* or *académie* to learn what the process is for declaring positive cases of COVID within your program participants, faculty and staff. The *Académie de Paris* has indicated that we should declare confirmed cases by emailing the ARS at [ARS-DD75-alerte@ars.sante.fr](mailto:ARS-DD75-alerte@ars.sante.fr). Further information concerning the COVID crisis can be obtained by contacting the educational officials at [covid19.esri@region-academique-idf.fr](mailto:covid19.esri@region-academique-idf.fr) (for Ile de France).

## Sports and exercise

Sports and exercise are authorized, but according to the following requirements:

- Individual sport (walking, running, biking, hiking, etc.) is permitted but team sport is not allowed.
- Outdoor sports equipment and sites are open and accessible: stadiums, golf, tennis, outdoor fields, equestrian centers, etc. and the practice of all these sports is allowed. <https://www.sports.gouv.fr/accueil-du-site/article/application-des-decisions-sanitaires-pour-le-sport-a-partir-du-12-janvier>
- Participants are not required to wear a mask during sports.
- Excluded from these limitations are several groups (Sports Science students, professional and pre-professional athletes, those with a medical prescription for a certain activity, etc.) <https://www.service-public.fr/particuliers/actualites/A14436>

## Student Support

The Ministry of Higher Education & Research has established a student mental health support website (with an English Language version) that compiles all the contacts and services related to mental health support for students during the COVID-19 crisis. The website covers all regions of France, and in addition to mental health support also serves as a resource for information about financial support, student housing, and health care. <https://www.soutien-etudiant.info/>

On January 21<sup>st</sup>, the government announced a mental health care package (a “*chèque psy*”) to allow students in psychological distress access to free mental health support.

Several Hotlines and free resources are available to students:

- A free 24/7 hotline monitored by the Association SPS (*Soins aux Professionnels de Santé*) for students has been opened and can be reached here: <https://www.asso-sps.fr/prise-en-charge/etudiants>
- <https://www.nightline.fr/paris>, a student proposed/supported hotline to support peers (non-professional) is available everyday between 9pm to 2:30am: +33 1 88 32 12 32
- The BAPU (Bureaux d'aide psychologique universitaires) have psychologists, psychotherapists and psychiatrists available to students in need. Addresses and contact information can be found here: <https://www.etudiant.gouv.fr/fr/besoin-d-une-aide-psychologique-1297>
- [SOS Amitié](#) at +33 9 72 39 40 50 (24/7 in French),
- [SOS Help](#) +33 1 46 21 46 46 (3pm-11pm, in English)
- [Fil Santé Jeunes](#) at +33 800 235 236 (9am to 11pm for ages 12-25).

[Ameli](#) has a list of additional resources.



## ADDITIONAL LINKS & GENERAL RESOURCES

An English summary of information concerning the current situation in France, mobility, visas, testing, etc. can be found here: <https://fr.usembassy.gov/covid-19-information/>

For information concerning every country in the European Union, and for details on all aspects of the Covid-19 crisis in Europe, see the following website: <https://reopen.europa.eu/en/>. And for information specifically for France: <https://reopen.europa.eu/en/map/FRA>

For current information, including health recommendations and measures, from the French government on the COVID-19 situation in France, see the following website: [Main COVID-19 Government Website](#)

Access to daily communiqués with daily statistics and key messages: [Daily Communiqués by French Government](#)

Official website dedicated to Student Life in the French universities: [www.etudiant.gouv.fr](http://www.etudiant.gouv.fr)

Timeline of government actions [French Government Actions](#)